

# Post Separation Abuse

Post Separation Abuse happens when the relationship ends but the abuse does not. Post separation abuse can continue to escalate higher than the domestic abuse that victims were subjected to while under the same roof as the abuser. Often this happens when the perpetrator and victim have children and that is used as the access point for continued abuse.

Examples of Post Separation Abuse:

- Putting your personal information on social media.
- Uses the court or legal system as a weapon.
- Threatens suicide to get you to give him what he wants, even after the relationship has ended.
- Attempts to discredit you as a parent.
- Threatens to kill or kidnap the children.
- Uses access orders as a way to have contact.
- Uses third parties to continue to harass you.
- Tries to force your children to choose sides.
- Questions the children about you and your movements.
- Demands access schedules that are not feasible or realistic.
- Attempts to control you thru maintenance.
- Continues to intimidate you with aggressive behaviour when you see each other.